

# Coronavirus and Epilepsy

Epilepsy New Zealand's Covid response aligns with the updated government advice.

- The traffic light system has been retired and we can all move ahead with certainty
- We still need to look after each other however to stop the spread of Covid
- If you have a meeting booked with one of our staff, please let them know if you are unwell.
- They may be able to arrange to meet you 'on-line' instead
- If you have Covid-like symptoms it is still recommended you take a RAT test and also report any positive result
- This way the Government can keep a track of the number of cases in our community
- Remember if you do get a positive result you are the only person who must isolate for 5 days.
- Your household contacts do not have to isolate with you

Regardless of your situation, it is important for anyone with epilepsy to talk to their treating health care provider about their individual risks and if any special medical precautions are needed. Take precautions to avoid getting sick too.

Epilepsy New Zealand U.S. has produced a comprehensive document about what precautions people living with epilepsy may need to take in relation to the Coronavirus. Click on the link below to read more about this:

[Concerns-About-Coronavirus-and-EpilepsyDownload](#)

*Acknowledgement* – adapted from Epilepsy New Zealand of America document



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