

# Epilepsy Information and Support Line now available

Our Epilepsy Educators are available to provide advice, information, and assistance to people living with epilepsy and their whanau.

The Information and Support Line ([0800 37 45 37](tel:0800374537)) is ready to support you, Monday to Friday from 9am to 5pm.

Our Educators have expertise in how epilepsy affects health, well-being and daily living issues, incorporating person-centered self-management strategies.

The Educators can provide:

- advice and information about epilepsy
- advice about risk management and living well with epilepsy
- individualised support for people living with epilepsy who require assistance with accessing supports and community resources
- development of tailored [Seizure Management Plans](#).

We can assist with the development of seizure management plans and epilepsy training.

No referral is required and we can arrange interpreting services for clients from non-English speaking backgrounds.



**0800 37 45 37**



**[national@epilepsy.org.nz](mailto:national@epilepsy.org.nz)**



**[www.epilepsy.org.nz](http://www.epilepsy.org.nz)**