

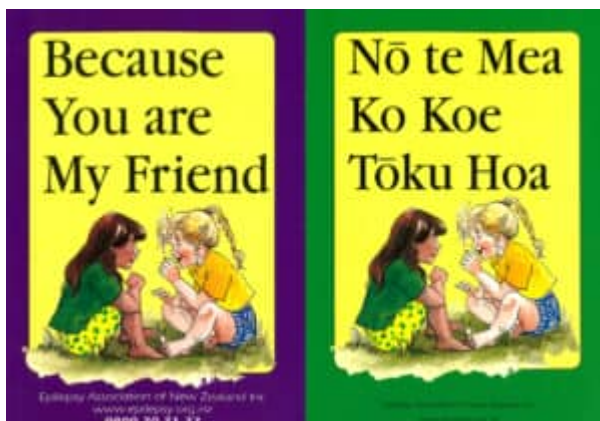
# Books and Resources for Children



## BOOKS FOR CHILDREN

Books are a helpful way of allowing children to learn about themselves and others. Epilepsy New Zealand have published a book called *Because You Are My Friend* which is available upon request.

Phone us on 0800 37 45 37 to get a copy sent to you.  
Available in English and Maori.



This reading list is filled with books that have been selected as suitable reading for children of all ages.

The books cover a range of subjects related to living with epilepsy, enabling your child, siblings and friends to learn about epilepsy through stories that they can relate to.



**0800 37 45 37**



**[national@epilepsy.org.nz](mailto:national@epilepsy.org.nz)**



**[www.epilepsy.org.nz](http://www.epilepsy.org.nz)**

If you come across any other books that you think should be included, please let us know!

[Milo's Day At School](#) by Shawnee Walker (2017)

[Ariana and Jack](#) By Sharon Holt, illustrated by Claudia Gadotti

[Ben's Buddies/Nga Hoa o Ben](#) by Sharon Holt, Deborah Hinde, Maria Lowe, Ray Harlow

[Sometimes I Get The Wiggles – Be an Epilepsy Seizure Hero](#) by Andee Cooper (2016)

[The Adventures of Buzz Bee](#) by Jacqueline Ann Gibson (2015)

[Brian learns about epilepsy](#) by Epilepsy Scotland (2014)

[The Great Katie Kate Explains Epilepsy](#) by M. Maitland DeLand (2014)

[The True Life Adventures of Spunky Monkey, The Magical Poodle](#) by Lauren Michell Ruehring (2012)

[Epilepsy Book for Kids](#) by Layla Reid (2012)

[Is Epilepsy Contagious?](#) by Julie Devinsky (2011)

[My Seizure Dog](#) by Evan Moss

[I Know Someone with Epilepsy \(Understanding Health Issues\)](#) by Vic Parker (2011)

[I Have Epilepsy. It Doesn't Have Me](#) by Jamie Bacigalupo and Judy Bacigalupo (2012)

[Can I tell you about epilepsy? A guide for friends, family and professionals](#) by Kate Lambert (2012)

[Mommy, I Feel Funny! A Child's Experience with Epilepsy](#) by Danielle M. Rocheford (2009)

[Being Sara](#) by Christopher Passudetti (2009)

[Let's Learn with Teddy about Epilepsy](#) by Dr. Yvonne Zelenka (2008)

[Taking Seizure Disorders to School: A Story About Epilepsy \(Special Kids in School\)](#) by Kim Gosselin (2001)

[Becky the Brave: A Story about Epilepsy](#) by Laura Lears (2002)

[And Down Went Poss](#) by Anne Little

[Lee: The Rabbit with Epilepsy](#) by Deborah M. Moss (1989)

[My Mum Has Epilepsy online story](#)

[My Dad Has Epilepsy online story](#)

[Ben Has Epilepsy online story](#)



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[Brian Learns About Epilepsy online story](#)

[Farah and Ted Visit the Hospital online story](#)

[Happiness Heroes online story](#)

## MEET THE NIGGLE

[Niggle – Poems about Epilepsy for Young Children](#)

## RESOURCES FOR CHILDREN

[Neut The Neuron Colouring In Worksheet](#)

[Neut The Neuron Colouring In Worksheet and Poster](#)

[Helping My Buddy Seizure Support Poster](#)

[Neurons are Nerve Cells Information Sheet](#)

[Be Seizure Smart – Teachers Resource Pack](#)



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