

## **Epilepsy Management Tools and Resources**

Epilepsy New Zealand highly recommends the use of <u>Seizure Management Plans (SMP)</u>, as these can help you and those who care for you to best understand and respond to your needs. There are also a range of <u>tools and resources for epilepsy and seizure management</u>.



⊠ national@epilepsy.org.nz ⊗ www.epilepsy.org.nz

Monday to Friday 9am to 5pm