

Let's 'Talk About It!'



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Talk About It! awareness campaign was originally started in the USA by Actor and Philanthropist Greg Grunberg. Epilepsy New Zealand celebrates 'Talk about it!' in November to raise awareness of the stigma and discrimination those living with Epilepsy continue to face. Here is a link to where the day originated: <https://talkaboutit.org/>

Please [Donate](#) to help fund the services of our New Zealand wide educators, lets 'Talk About It!'

Don't forget to 'like' 'share' and 'subscribe' to our [Facebook](#) and [newsletter](#).

EPILEPSY NEW ZEALAND ON YOUTUBE

Did you know Epilepsy New Zealand are on [youtube](#)?

Epilepsy New Zealand are pleased to share stories from our epilepsy community.

Our vision is a New Zealand that is free of discrimination and stigma, where the impacts of epilepsy on a persons life, and that of their whanau and community are minimised.

If you or someone you know would like to share an epilepsy story please [email](#) and our content producer will contact you regarding capturing your story.

A huge thank you to those sharing their epilepsy journey *He waka eke noa We are all in this together.*



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Here is a 1-minute video from Alice. Also available on our [youtube](#) channel.



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